

AUTUMN 1

Unit 1. Anatomy and Physiology Learning Aim A: The effects of exercise and sports performance on the skeletal system. Students study structure, function, responses and adaptations and additional factors of the skeletal system.	Unit 3: Professional Development in the Sports Industry Assignment 1, Task 1: Investigation and Presentation Students will understand the career and job opportunities in the sports industry.	Prior Learning GCSE Anatomy and Physiology, GCSE POE or BTEC Sport unit 5. Students should also be able to name anatomical structures form prior KS3 learning. Research skills form GCSE level and any applications for jobs etc.
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AUTUMN 2

Unit 1. Anatomy and Physiology Learning Aim B: Effects of exercise on the Muscular System. Learning Aim C: The effects of exercise on the Respiratory System. Students study structure, function, responses and adaptations and additional factors of the muscular and respiratory systems.	Unit 3: Professional Development in the Sports Industry Assignment 1, Task 2: Write a report about a chosen profession. Assignment 1, Task 3: Career Development Plan. Students will understand the career and job opportunities in the sports industry and will explore their own skills using a skills audit to inform a career development action plan.	Prior Learning GCSE Anatomy and Physiology, GCSE POE or BTEC Sport unit 5. Students should also be able to name anatomical structures form prior KS3 learning. Research skills form GCSE level and any applications for jobs etc.
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SPRING 1

Unit 1. Anatomy and Physiology Learning Aim D: The effects of exercise on the Cardiovascular System. Students study structure, function, responses and adaptations and additional factors of the cardiovascular system.	Unit 3: Professional Development in the Sports Industry Assignment 2, Task 1: Prepare a portfolio for interview Students will undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway.	Prior Learning GCSE Anatomy and Physiology, GCSE POE or BTEC Sport unit 5. Students should also be able to name anatomical structures form prior KS3 learning. Research skills form GCSE level and any applications for jobs etc.
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SPRING 2

Unit 1. Anatomy and Physiology Learning Aim E: Energy systems. Revision maps.	Unit 3: Professional Development in the Sports Industry Assignment 2, Task 2: Prepare and complete an interview. Assignment 2, Task 3: Complete a reflective report about the interview.	Prior Learning GCSE Anatomy and Physiology, GCSE POE or BTEC Sport unit 5. Students should also be able to name anatomical structures form prior KS3 learning. Research skills form GCSE level and any applications for jobs etc.
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SUMMER 1

Unit 1. Anatomy and Physiology Learning Aim E: The effects of exercise on Energy systems. Students study structure, function, responses and adaptations and additional factors of the energy systems. Revision Maps to aid with revision for June exam.	Unit 3: Professional Development in the Sports Industry Assignment 2, Task 2: Prepare and complete an interview. Assignment 2, Task 3: Complete a reflective report about the interview. Students will undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway.	Prior Learning GCSE Anatomy and Physiology, GCSE POE or BTEC Sport unit 5. Students should also be able to name anatomical structures form prior KS3 learning. Research skills form GCSE level and any applications for jobs etc.
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SUMMER 2

Preparation for unit 1 Exam	Introduction of unit: Fitness training and programming for well-being and sport.	Prior Learning GCSE Anatomy and Physiology, GCSE POE or BTEC Sport unit 5. Students should also be able to name anatomical structures form prior KS3 learning. Research skills form GCSE level and any applications for jobs etc.
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CAREERS LINKS

Career links: Unit 3 is dedicated to professional development in the sports industry. Learners must research, apply, and interview for a sporting profession of their choice.

CHARACTER LINKS

Intellectual virtues through reflection, judgement and reasoning.
Performance virtues through confidence, determination, motivation, resilience and teamwork.
Moral Virtues through respect.

KEY ASSESSMENT DATES

Unit 1 - Anatomy and Physiology. Learners complete end of unit tests, mocks and assessments in line with the assessment calendar. They will complete their external exam for unit 1 in May/ June with marks going toward final grade. Learners also complete an internal coursework based unit, Unit 3 - Professional Development in the Sport Industry.