

## AUTUMN

<p>Topic 1 Recap Yr 7 scheme Recap prior learning on Year 7 topics</p>	<p>Topic 2 Growth mind-set What impact a growth mind-set has on outcomes.</p>	<p>Topic 3 Laughter What the benefits of laughter are.</p>	<p>Topic 4 Restart a heart Life-saving skills, including how to administer CPR</p>	<p>Topic 5 Body Language What does our body language say?  How can our body language affect how we feel?</p>	<p>Topic 6 Empathy Describe emotions. Understand what empathy is. Be able to use empathy to change behaviour and build better relationships.</p>	<p>Topic 8 New Year visions Identify the direction pupil's would like to go in different areas of their life. Creating visual reminders of dreams and future targets.</p>	<p>Prior Learning Year 7 ID curriculum on growth mindset, mistakes and feedback.  Developing Year 7 work on the Healthy brain platter to encompass emotional literacy.</p>
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## SPRING

<p>Topic 1 Gratitude  Understand what is gratitude is, understand why gratitude is important and decide, what we should be grateful for.  Understand how can we improve how we show gratitude?</p>	<p>Topic 2 Trust The importance of trust and how it is developed.</p>	<p>Topic 3 Confidence Look at the impact of confidence. Assess individuals confidence and develop strategies that helps develop confidence.</p>	<p>Topic 4 Embarrassment Normalising embarrassment and developing strategies to manage it.</p>	<p>Topic 5 Coping strategies 2 lessons Develop a toolkit to support resilience in managing difficult situations.  Highlighting what are helpful and which are harmful coping strategies.</p>	<p>Prior Learning Year 7 ID curriculum on growth feedback.  Developing Year 7 work on the encompass emotional literacy a</p>
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## SUMMER – CHARACTER AND EMPLOYABILITY

<p>Topic 1 <b>Operation moon shot</b>  Assess the impact on outcome between individual decision making and those of a team</p>	<p>Topic 2 <b>Applied team work challenges</b> <b>2 lessons</b>  What roles can be taken as part of a team, identify individuals roles and assessing the strengths and weaknesses of each role. Applied activities – spaghetti and marshmallow and house of cards challenge</p>	<p>Topic 3 <b>Operation Blackout</b> <b>5 lessons</b>  Lesson 1: How showing respect can help diffuse tension and resolve conflict. . Lesson 2: Why integrity is important for learning. Lesson 3: What it means to be resilient, and strategies to complete tasks under pressure. Lesson 4 and 5: Using compassion and empathy to suggest a resolution to conflict, and how compassion can contribute to a healthier society</p>
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## CAREERS LINKS

The development of emotional intelligence links to all elements of carers, supporting students to be prepared for emotions in the wider world and become more employable adults.

## CHARACTER LINKS

Applying the character traits of Respect, integrity, resilience, courage, compassion.  
Assessing the impact of effective teamwork and reflecting on individual's ability to work as a team.

## KEY ASSESSMENT DATES